

**SEVERNA PARK**  
551 Balt. / Annapolis Blvd.  
Severna Park, MD 21146  
410-315-9080  
Fax: 410-315-9012



**CATONSVILLE**  
730 Frederick Road, Suite 202  
Catonsville, MD 21228  
410-719-8661  
Fax: 410-719-8996

**BOWIE**  
100 Whitmarsh Park Dr.  
Bowie, MD 20715  
301-262-5852  
Fax: 301-262-3173

**COLUMBIA (East)**  
7080 Deepage Drive  
Columbia, MD 21045  
410-381-7000  
Fax: 410-381-3779

**COLUMBIA (West)**  
5435 Beaverkill Rd.  
Columbia, MD 21044  
410-740-0883  
Fax: 410-740-9970

**LAUREL (North)**  
314 Marshall Avenue  
**LAUREL (South)**  
13946 Baltimore Ave.  
Laurel, MD 20707  
301-498-2212  
Fax: 301-498-2213

Patient \_\_\_\_\_ Date \_\_\_\_\_

Dx \_\_\_\_\_ Frequency \_\_\_\_\_

Evaluate and treat     Aquatic Therapy     Land  
 Physical therapy     Occupational therapy

**ACTIVITY**

- AROM
- Therapeutic exercise
- Neuromuscular re-education
- Spinal stabilization
- Balance/coordination training
- Gait training
- Cardiovascular/endurance training
- Work reconditioning

**MANUAL THERAPY**

- PROM
- Joint mobilization
- Soft tissue techniques
- Myofascial release
- Manual Traction
- Strain/counterstrain

**MODALITIES**

- Moist Heat
- Ultrasound
- Phonophoresis
- Cryotherapy
- Electric stimulation
- Iontophoresis

**EDUCATION**

- Back school
- Postural education
- Home exercise program

Special Instructions: \_\_\_\_\_

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Physician Signature: \_\_\_\_\_

Send more prescription pads.